

CERT ALERT



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CERT has a new online clothing store!

WP CERT has collaborated with ink inc. Screenprint + Embroidery to bring you more CERT apparel. The store will be open quarterly coinciding with our CERT classes. We will open the store from **June 1, 2021—June 30, 2021.**

To visit the CERT clothing store go to: <https://www.westpiercecet.com>

You can choose to have the items shipped directly to you, or to ship them to Station 20, and pick them up there!

CERT Pop-Quiz!

At the medical treatment site , patients should be positioned:

- A. In a semi-circle
- B. In a head-to-toe Configuration
- C. At least 10 feet apart

Answer: B

Products

ink inc.
SCREENPRINT • EMBROIDERY
...where delivery counts and quality is everything

		
100% Cotton Long Sleeve T-Shirt CERT_3586 \$20.00	100% Cotton Short Sleeve T-Shirt CERT_3250 \$15.00	Ladies Heavy Cotton V-Neck T-Shirt CERT_3V00L \$15.00
		

Active Threat Training by Deputy Dan Hacker March 24, 2021



Deputy Dan Hacker gave a presentation to CERT members on Zoom about how to stay situationally aware, and how to keep yourself safe during an active threat situation. Always practice your **OODA** Loop:

Observe

Orient

Decide

Act

If you are dealing with an agitated or verbally assaultive person and you do not feel safe walking away:

- ◆ Stay calm
- ◆ Don't take it personal
- ◆ Use your best listening skills
- ◆ Sympathize with them

Run ... Hide ... Fight

Run ... Have an escape plan.

Don't worry about your belongings. Move even if others don't agree. If it is reasonable, try and help others, and warn others.

Hide ... Also known as "lock down". Get out of view of the suspect (think about places ahead of time) Use "cover". Lock doors and/ or block entry to the area you are in. Make sure your phone is completely silent and stay quiet.

Fight ... Do this if you are seen and can't escape. Fight like your life depends on it. Try to incapacitate the shooter, and use anything as a weapon.

Learn an Exit Phrase

An exit phrase is important for when you feel uncomfortable in a situation, you have a phrase that may help you quickly exit the situation safely.

Examples of an exit phrase are:

"You know, I just thought of something that might help!"

"Oh my gosh, hold that thought!"

Text-to-911

Text-to-911 is NOT a method of convenience. The service is intended to benefit people who may not be able to speak or hear in an emergency. A voice call is still the preferred and most efficient method for contacting 911. Simply stated, **call if you can, text if you can't.**

Take n' Make Training

On April 28, 2021 we did an exciting training through Zoom! We created chicken wire splints with our CERT Members. The idea came from an Idaho CERT team. We prepped the supplies that were needed for the training and CERT members who signed up were able to pick up the supplies or we delivered them if they were not able to pick them up. After that, we all met on Zoom to create the splint together. It was nice to do a hands on activity through Zoom where we created something that could help us in a disaster. If you are interested in participating in another Take and Make training, be on the lookout in your emails. We had fun with this one and hope to do more in the future!



Rachel creating the splint on Zoom with CERT members



Serena modeling one of the splints that we created



Materials Needed:

- ◆ Chicken wire
- ◆ Duct tape
- ◆ Pliers or scissors
- ◆ A broomstick
- ◆ Thick gloves
- ◆ A pair of tube socks
- ◆ A Triangle bandage
- ◆ Rubber bands





Summer Safety Tips

According to the Farmer's Almanac 2021 Summer Outlook, the Pacific Northwest will be having a warm, dry summer.

- ◆ Stay hydrated
- ◆ Wear sunscreen
- ◆ Check on elderly neighbors
- ◆ Take breaks in the shade when working outside

HEAT PET SAFETY!
www.DVMmultimedia.com DVMmultimedia™

- SHADE & WATER**
Protect your pets from the sun's rays and keep them hydrated.
- NO CARS**
Never leave a pet in the car, not even with the window cracked.
- NO ASPHALT**
If it's too hot for bare feet, it's too hot for bare paws.
- LIMIT EXERCISE**
Don't let playful pets over exert themselves in the heat.
- HEAT STROKE**
Excessive panting, discolored gums, and mobility problems are signs. Seek veterinary attention immediately!

Outdoor Burning

The Puget Sound Clean Air Agency regulates burn bans in our area for the health and safety of our community. When burn bands are not in effect, recreational fires are allowed in WPFR's jurisdiction. Recreational fires are defined as,

"cooking fires, campfires, and bonfires using charcoal or firewood that occur in designated areas or on private property for cooking, pleasure, or ceremonial purposes." (WAC 173-425-030)

Safety Tips for Recreational Fires

- ◆ Fires shall not exceed three feet in diameter or two feet in height
- ◆ Only use charcoal, firewood, or fire logs. No flammable or combustible liquids.
- ◆ Do not leave fires unattended at any time. Have a hose, bucket of water, or shovel and dirt nearby to extinguish the fire fully before leaving the area.

For more information on outdoor burn, visit:

www.westpierce.org/resources/outdoor-buring

Around the Station



On the afternoon of Tuesday, April 13, West Pierce Fire & Rescue responded to a 2-alarm apartment fire at the Four Fountains Apartments at 30 Thunderbird Parkway in Lakewood. Crews arrived to find heavy smoke and flames coming from the upper stories of the building and called for a second alarm, which sends more resources to the scene.

The fire was contained to one 3rd story unit, but residents within eight units are being displaced due to water and smoke damage. The American Red Cross is assisting those residents.

One patient was evaluated by medics and released at the scene. Thankfully there were no injuries to report from this incident. The cause of the fire is under investigation.

As a reminder, it is important to have working smoke alarms and a fire escape plan in place, ensuring everyone's safety in the event a fire. If you do not have working smoke alarms or they are more than 10 years old, call 253.983.4583 to request an appointment.

West Pierce Fire & Rescue's 2020 Annual Report is available on our website. Here are a few highlights:

- Approximately 70% of WPFR's calls for service are for medical aid
- More than \$1 million was awarded in grant funding to support training and equipment needs
- Amidst a pandemic, WPFR was able to graduate all 16 recruit firefighters through the Red Knights Recruit Academy
- 1,164 CERT volunteer hours, 616 of which were response hours.
- Nearly 1,000 smoke and carbon monoxide alarms were installed by WPFR personnel thanks to a grant-funded smoke alarm program.





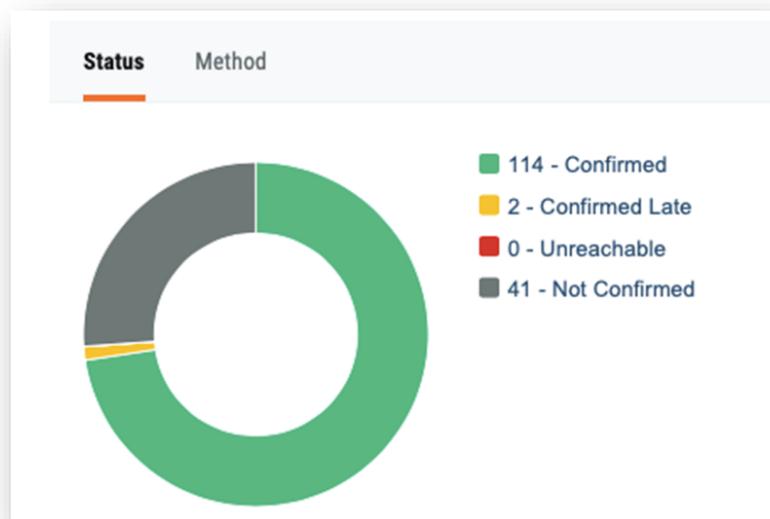
Communication Drill

Everbridge is an internal mass communication tool also known as PC-WARN. The Everbridge system can be utilized in the event of a disaster to get critical information out to Active CERT members or to contact them for responses.

On March 29, 2021 we conducted a communication drill with all of our Active CERT members. We asked Active CERT members to confirm their receipt of the message “You are on the WP CERT Active list. To change your status email CERT@westpierce.org” The drill was open for 12 hours. We contacted Active members through text or a phone call, and email.

157 Active members were contacted. 116 people responded to the Everbridge message. 2 more people responded via email after the drill which brought the number of responses to 118 or 75% , a great outcome! Those who did not respond to the drill or the email sent a few weeks after, were moved to the mailing list.

Everbridge CERT Communication Drill Statistics

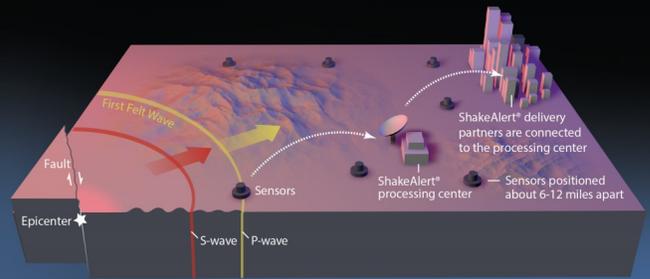


On Friday, April 30th , an accidental Everbridge message was sent to ALL 350 WPFR Everbridge contacts and not the 150 suppression users the message was intended for. It was a request for callback. This is a training issue on our end.



Apologies for the confusion.

ShakeAlert™



On May 4, 2021 the ShakeAlert Earthquake Early Warning System launched in Washington. ShakeAlert will be able to detect earthquakes rapidly, a few seconds after they begin. There are currently 239 seismic stations in Washington (with more being added!). Once the seismic stations feel the ground shaking they will relay the information to a data processing center, who will then use algorithms to quickly estimate the strength of the earthquake and the areas that will feel shaking. During an earthquake the United States Geological Survey (USGS) rapidly publishes the information as raw data. The information is sent out as public alerts through notifications like Wireless Emergency Alerts (WEA).

To turn on alerts:

There is no app required. Be sure your government alerts are enabled on your smartphone. Please take a few seconds to do this on your devices and your loved ones as well (see picture below).

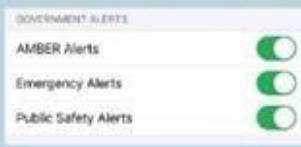
A few things to note, the threshold for Alerts on Android is 4.5+M, WEA is 5+M. WEA cannot always breakthrough your "do not disturb/vibrant/silence" settings. On May 4, Android operating systems will start to breakthrough "do not disturb/vibrate/silence" settings, but double check your alerts are enabled.

Wireless Emergency Alerts (WEA)

Check if your **Emergency Alerts** are turned on!

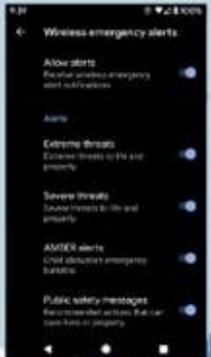
Apple iPhones

- Tap "Settings" > "Notifications"
- Scroll to the bottom of the screen.
- Under "Government Alerts" tap "Emergency Alerts" and "Public Safety Alerts" to turn them on.



Android Phones

- Location of options to turn on **Emergency Alerts may vary**
- Use the search function in "Settings" to find "Emergency Alerts" or "public safety messages"
- It may be within your *Messaging app*, instead
- **Make sure all alerts are turned on** (i.e. "Extreme threats", "Severe threats", and "Public safety messages").





Seconds are precious when it comes to earthquakes. ShakeAlert can give you the time to Drop, Cover, and Hold on, protecting you and your loved ones. There are also infrastructure applications. Technical partners may use ShakeAlert to automatically shut off utility systems, slow trains, open doors, etc.

Important Dates!



Adopt A Street Cleanup
May 19, 2021 from 9am—12pm
Need 4-6 volunteers, Contact Serena to sign up!



CERT Clothing store will be open online from June 1, 2021 to June 30, 2021

Be sure to check out our new gear with the new CERT logo!

<https://www.westpiercert.com>



Tuesday, August 3, 2021

The City of Lakewood is participating in NNO this year (unsure about UP at the moment) If you would like to register your event, contact Mike Miller with LPD: MMILLER@CITYOFLAKEWOOD.US

Email Rachel for CERT/preparedness information for your event.



May 24-26 we will be collecting donations for the Tacoma Rescue Mission who is in urgent need of items.

A list of their urgently needed items can be found here:

<https://www.trm.org/covid19needs/>

If you plan on donating, please coordinate a time with Serena

Those who donate items will receive a CERT mask!

Serena Rotondo

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